

CHURCH SERVICES
in the Benefice of Launditch and Upper Nar
A P R I L

Friday 1st April

8:00pm Online Compline taken by Hilary DeLyon

SUNDAY 3rd April Lent 5 (Purple)

Isaiah 43:16-21 | Psalm 126 | Philippians 3:4b-14 | John 12:1-8

10:00am **Benefice Service** at Litcham - Bishop Jane Presiding

6.30pm Evensong at Mileham

Tuesday 5th April - Lent Reflections (5) – Online – 7.00pm

Friday April 8th April

8:00pm Online Compline taken by Kevin Blogg

SUNDAY 10th April – Palm Sunday (Red)

Psalm 118 19-24 | Luke 19:28-40

Or Isaiah 50:4-9a | Philippians 2:5-11 | Luke 22:14-end or Luke 23:1-49

9.00am	Little Dunham	Holy Communion BCP	John Blore
9.15am	Gt Fransham	Holy Communion Iona	Julia Hemp
10.00am	Online Service	Morning Worship	Miriam Fife
10.15am	Litcham	Village Procession with the Methodist Church Starting on the Village Green	
10.30am	Tittleshall	Reflection	Anna Kidd
11.00am	Weasenham	Matins	Peter Brown
11.00am	Mileham	Holy Communion Iona	Miriam Fife
11.15am	Gressenhall	Iona Communion	Julia Hemp

HOLY WEEK

Tuesday 12th April - Lent Reflections (6) – Online – 7.00pm

Thursday 14th April – Maundy Thursday

6.30pm Great Dunham – Miriam Fife

Seder Meal followed by Eucharist and Stripping of the Altar

Good Friday - Friday 15th April

11:00am Gressenhall Readings & Reflections for Good Friday with Julia Hemp

7.00pm Litcham - Tenebrae with Kevin Blogg

Easter Eve – Saturday 16th April

6.00pm Lighting the Easter Fire – East Lexham with John Blore

EASTER DAY - SUNDAY 17th April (Gold)

Acts 10:34-43 | Psalm 118 14-24 | 1 Corinthians 15:19-26 | Luke 24:1-12

9.00am	Stanfield	Holy Communion Iona	Miriam Fife
10.00am	Online Service	Morning Worship	Kevin Blogg
10.00am	Longham	Holy Communion	Ken Pilgrim
10.15am	Litcham	Matins	Church Wardens
10.00am	Great Dunham	Easter Celebration	Miriam Fife

11.00am	Weasenham	Holy Communion BCP	John Blore
11.00am	Mileham	Morning prayer	Lay Led
11.15am	Gressenhall	Easter Family Service	Julia Hemp

Friday 22nd April

8:00pm Online Compline taken by John Blore

SUNDAY 24th April – Easter 2 (White)

Acts 5:27-32 | Psalm 150 | Revelation 1:4-8 | John 20:19-31

9.00am	Little Dunham	Morning Prayer	Church Wardens
9.00am	West Lexham	Holy Communion Iona	Kevin Blogg
10.00am	Great Dunham	Family Service	Miriam Fife
10.00am	Online Service	Morning Prayer	Jan Sexton
10.30am	Tittleshall	Holy Communion Iona	Hilary De Lyon
10.15am	Litcham	Matins BCP	Church Wardens
11.00am	Weasenham	Morning Prayer	Peter Brown
11.00am	Mileham	Morning Prayer	Lay Led

Friday 29th April (White)

8:00pm Online Compline taken by Hilary De Lyon

SUNDAY 1st May Easter 3 (Red)

Acts 9:1-6(7-20) | Psalm 30 | Revelation 5:11-14 | John 21:1-19

Benefice Service: – 10.00am – Mileham – Hilary DeLyon & John Blore

EASTER in LAUNDITCH AND UPPER NAR

All are invited to join in our various services over Holy week. Some of these services may be new to you, but why not give them a try? Below is a list of special services, with a description of what they are; please do join us at any that appeal to you.

Palm Sunday 10th April 10:15am, Litcham Village Green: Procession:

The congregation of Litcham All Saints and the Methodist Church will meet at 10:15am for a procession around the village, with hymns and readings.

Maundy Thursday, 14th April 6.30pm in Great Dunham: Seder Meal

We explore the meaning of the Jewish ritual of the Seder which takes place just before the Festival of Passover. We then share in a meal (roast lamb) before ending with Holy Communion around the table and finish the evening with the stripping of the Altar, a moving and powerful way to lead us into Good Friday.

Pre-booked places only for catering purposes. To reserve your place contact Sarah or Chris at the3horseshoes@btinternet.com or phone 01328 701042

Good Friday, Friday 15th April

11am, Gressenhall: A service of Readings and Reflections for Good Friday

7pm, Litcham: Tenebrae. A powerful and atmospheric service leading us through the events of Good Friday

Easter Eve, Saturday 16th April 6.00pm, East Lexham: Lighting the Easter Fire

We begin our Easter celebrations with this special service, after which a fire is lit in the churchyard, symbolising the “light of Christ, rising in glory.”

Easter Day, Sunday 17th April: please see Services Rota above.

M A Y

1st SUNDAY May 1st ~ Easter 3 (White)

Acts 9:1-6 [7-20] | Psalm 30 | Revelation 5:11-14 | John 21:1-19
10:00am Benefice Service at Mileham with Hilary De Lyon & John Blore

Friday May 6th

8:00pm Online Compline with Hilary De Lyon

2nd SUNDAY May 8th ~ Easter 4 (White)

Acts 9:36-43 | Psalm 23 | Revelation 7:9-17 | John 10:22-30

9.00am	Little Dunham	Holy Communion, Iona	Julia Hemp
9.15am	Lt Fransham	Holy Communion, Iona	Kevin Blogg
10.00am	Online Service	Morning Worship	Miriam Fife
10.15am	Litcham	Holy Communion, BCP	Julia Hemp
10.30am	Tittleshall	Reflection	Anna Kidd
11.00am	Weasenham	Matins	Peter Brown
11.00am	Mileham	Holy Communion, Iona	Kevin Blogg
11.15am	Gressenhall	Morning Worship	Miriam Fife

Friday May 13th

8:00pm Online Compline with Miriam Fife

3rd SUNDAY May 15th Easter 5 (White)

Acts 11:1-18 | Psalm 148 1-6 | Revelation 21:1-6 | John 13:13-35

9.00am	East Lexham	Holy Communion, BCP	Miriam Fife
9.00am	Stanfield	Holy Communion, Iona	John Blore
10.00am	Online Service	Morning Prayer	Jan Sexton
10.15am	Litcham	Matins	Church Wardens
10.00am	Great Dunham	Family Service	Miriam Fife
11.00am	Weasenham	Holy Communion, BCP	John Blore
11.00am	Mileham	Morning prayer	Lay Led

Friday May 20th

8:00pm Online Compline with Miriam Fife

4th SUNDAY May 22nd ~ Easter 6 (White)

Acts 16:9-15 | Psalm 67 | Revelation 21:10,22-22:5 | John 14:23-29

9.00am	Little Dunham	Morning Prayer	Church Wardens
9.00am	West Lexham	Holy Communion Iona	Kevin Blogg
10.00am	Great Dunham	Family Holy Communion	Miriam Fife
10.00am	Online Service	Morning Worship	Hilary De Lyon
10.30am	Tittleshall	Holy Communion Iona	Kevin Blogg
10.15am	Litcham	Matins BCP	Church Wardens
11.00am	Mileham	Morning Prayer	Lay Led
11.15am	Gressenhall	Holy Communion Iona	Julia Hemp
4.30pm	Weasenham	Evensong	Peter Brown

Thursday 26th May – Ascension Day

Friday May 27th

8:00pm Online Compline with Hilary De Lyon

5th Sunday May 29th ~ Easter 7 (White)

Acts 16:16-34 | Psalm 97 | Revelation 22:12-14,16,17,20,21 | John 17:20-26

10:30am - Benefice Service at Beeston with Miriam Fife

A Special Songs of Praise Service

to celebrate the re-opening of St Mary's Beeston

Followed by an afternoon of activities and presentations

Friday June 3rd

8:00pm Online Compline with John Blore

1st SUNDAY June 5th ~ Pentecost (Red)

Acts 2:1-21 | Psalm 104:26-37b | Romans 8:14-17 | John 14:8-17

Services to commemorate the Queen's Jubilee TBA

REVEREND MIRIAM WRITES...

There is much to celebrate with the arrival of the month of May; May Day of course, although the tradition of dancing around the Maypole has sadly declined greatly over the decades. But did you know that 1st May is also International Dawn Chorus D? A celebration of the world's oldest wake-up call, the dawn chorus, and the beauty of birdsong. I have on occasion been out and about in the pre-dawn stillness, and have heard the first tweeting call (the early bird of course), always followed swiftly by the familiar chorus as dozens of others join in. These days, the only dawn chorus I seem to hear comes from my chickens, whose singing isn't the sweetest sound you have ever heard, and I'm not best pleased to be woken by them at the crack of dawn, but I console myself with thinking about the eggs they will produce for my breakfast!

It is good though to arrive at the 1st of May which is a marker for saying goodbye to the harsh winter months and welcome the beginning of summer. Apparently, the Anglo-Saxon name for May was Tri-Milchi, in recognition of the fact that with the lush new grass, cows could be milked three times a day. In the churches, we began our celebration of new Life at Easter, and continue to give thanks for all that is good in Creation as we watch the unfurling of blossom and new growth everywhere. It is tempting, when observing all this, to believe that all is well with the world. Let us never forget to give thanks for the freedoms we have, for the peaceful land in which we live, and to pray earnestly and do all we can practically do to help our fellow citizens of earth who are not so fortunate. It is hard to live in such luxury while observing atrocities in other places, and easy to become anxious about it all. I find the short prayer below by David Adam helpful in times such as these and hope you do too. A short walk, listening to the birdsong, and reciting this prayer is an excellent antidote to anxiety. I commend it to you with my warmest wishes.

With every blessing, Miriam

Calm me Lord as you stilled the storm
Still me Lord, keep me from harm
Let all the tumult within me cease
Enfold me Lord, in your peace.